

Media Contact: Karen Moraghan
Hunter Public Relations
908/876-5100
kmoraghan@hunter-pr.com

HAMILTON PARK & CONFERENCE CENTER'S WELL-BALANCED CHOICE PROGRAM OFFERS HEALTHY OPTION FOR MEETING PLANNERS

FLORHAM PARK, NJ, August 3, 2006 –As the trend toward a more healthful lifestyle continues, especially through better dietary habits, meeting planners seek to meet attendees' wishes for healthful dining options, while maximizing the meeting experience and minimizing energy drain.

Hamilton Park Hotel & Conference Center, managed by Destination Hotels & Resorts, has come to the rescue by creating the "Mark of a Well-Balanced Choice" program. The program offers planners a host of new food options during meals, break times, and receptions based on established nutrition guidelines and research that reinforces healthy lifestyles while minimizing energy drain.

"We continue to offer pastries, dry cereals, cold meats and other usual food fare at meal time and during breaks," says Ron Roccasecca, Executive Chef of the New Jersey-based property. "However, we have now added a variety of more healthful food options. Our Well-Balanced Choice program includes New Jersey-grown fresh fruits, such as blueberries and strawberries, tropical fruits, steel-cut oatmeal, edamame beans and a selection of herbal and green teas."

"There is also a greater emphasis on less fatty foods, as found in Asian dishes, and a desire to seek out more fresh fruits and vegetables, salads, and whole grain foods," Chef Roccasecca continued. "We now offer these selections to meeting planners who want to provide attendees with a more healthful menu, in addition to the foods we have served in the past. As a result, attendees are happier, and the meeting planner is pleased because such foods allow for more energy and vitality throughout the day, as well as for long range optimum health."

This progressive thinking, in addition to its high level of service and a top-quality facility, is surely one of the reasons Hamilton Park & Conference Center continues to be honored by meeting planners. Readers of Meetings East magazine recently gave the property its "Best of the East Award," which came on the heels of the "Planner's Choice Award" in the conference services category from the readers of Meeting News Magazine, the "Award for Excellence" from Corporate Meetings & Incentives magazine as one of the 10 best conference centers in the country, and the "Best Facility of the Year" honor from Meeting Planners International New Jersey.

For additional information call (800) 321-5000 and or access the hotel's website at www.hamiltonparkhotel.com.

###

Destination Hotels & Resorts is a privately held lodging management company headquartered in suburban Denver, Colo. With more than 30 independent, luxury and upscale hotels, resorts and golf clubs, Destination is the fifth largest independent hospitality management company in the country. The company's portfolio features more than 7,500 guest rooms, 15 golf courses and 10 full-service spas. Destination Hotels & Resorts properties are located in key metropolitan and resort markets including New York, Washington, D.C., Chicago, Denver, Dallas, San Diego, Aspen, Austin, Phoenix, Palm Springs, Jackson Hole, Maui and Lake Tahoe. For more information on the properties in the Destination Hotels & Resorts collection, please visit www.destinationhotels.com.